



## **Upscale National Drug Treatment & Alcohol Recovery Center Opens in Austin, Texas** *Spirit Lodge Wellness Center Helps Reclaim Lives from Addiction*

Houston, Texas (Marketwire) February 17, 2009 – Spirit Lodge is an **Austin drug and alcohol treatment** center offering hope to adults focused on recovery from alcoholism and drug abuse. Nestled in a beautiful and exclusive complex just outside Austin, Texas, Spirit Lodge offers a comprehensive program to help men and women struggling with alcoholism or substance abuse reclaim their lives.

Drug and alcohol **intervention in Austin** is a highly individualized process. Intervention at Spirit Lodge is focused on breaking through denial and assisting the addicted person to accept the reality of his or her condition. The **team at Spirit Lodge** understands that no two guests have the same needs and that exploring the guests' physical, mental, emotional and spiritual needs is essential to their recovery process.

The **Austin substance abuse recovery** process begins with a comprehensive assessment in which the clinicians obtain physical and historical information, as well as evaluate the biological, psychological, social and substance abuse patterns of each guest. Once the assessment is complete, the team at Spirit Lodge customizes an **individualized treatment plan** with the goal being to successfully complete a 35-day inpatient treatment program. Guests can energize themselves with upscale services including massages, personal trainers, canopy tours, golf outings, nature walks, and limited access to the internet. The recovery process at Spirit Lodge continues with the one-year **Professional Aftercare Monitoring** program assuring each guest of weekly contact with a Spirit Lodge team member.

“Recovering from drug and alcohol dependency is a very daunting task for everyone involved,” states **Jason Powers, M.D.**, Chief Medical Officer. “Our entire team at Spirit Lodge is committed to working with each guest and their family on an individual basis to ensure a long-term recovery plan and to guide them from despair to a renewed outlook on life.”

### **About Spirit Lodge**

Recovery from drug or alcohol addiction is a complex and challenging process. Spirit Lodge, located in a quiet and private estate outside Austin, Texas offers an upscale program to guests, 22-years and older. The team of medical doctors, psychologists, counselors and nutritionists guide each guest through a clinically-based program so that they can gain a new understanding of how to manage the disease and renew their lives.

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